



**Frome Valley Farm Shop**



**Happy New Year**

Frome Valley Farm Shop Extension

You will have noticed that at last the extension to the shop is well underway. We know it has taken a while to get this far but we are making good progress and hope that it will be completed by the Spring. Building work = mess & powercuts!! - which I know some of you have experienced - and we apologise for any inconvenience caused but it has been an exceptionally wet month. We would like to thank you for your patience during this period and please continue to shop as usual. We are pushing to get things finished as quickly as we can.

**Healthy 2007!**

LOTS OF FRESH AND HEALTHY FOODS IN STORE.

OUR FROZEN MIXED FRUIT MAKES EXCELLENT SMOOTHIES - See in store sign for recipe ideas!

OUR READY MEALS ARE MADE WITH ALL NATURAL INGREDIENTS USING THE LEANEST CUTS OF MEAT, ONLY THICKENED WITH CORNFLOUR OR TOMATO PUREE.

WE HAVE OUR OWN FRESH HOMEMADE SOUPS - VARIOUS FLAVOURS



**ange of Dorset Muesli Porridge now in!**  
**A range of yummy nairns healthy low GI**  
**biscuits**